

CFE -Health and

Wellbeing



## <u>Aims</u>

We will provide ...

- flexible and preventative resources to meet individual needs.
- ongoing assessment and support.
- relationships which build trust, enhance confidence and ensure reliability.
- an emotionally secure, safe, predictable and calm environment.
- opportunities to develop emotional literacy, self- esteem, resilience, coping strategies and social skills.
- opportunities to develop responsibility for self and towards others.
- partnership working with parents and carers, education staff, outside agencies and community friends.
- support and guidance for teachers and PSA's.
- support for our children to access the curriculum.

## "Ready to Learn"

## The Six Principles of Nurture

- Children's learning is understood developmentally.
- The importance of nurture for the development of wellbeing.
- All behaviour is communication.
- The classroom offers a safe base.
- Language is a vital means of communication.
- The importance of transition in children's lives.

## **SHANARRI**