

Parental Information Sessions

Kaimhill School

All Sessions 1.30-3pm



Date	Session
26 <sup>th</sup> February 2020	Online Safety
25 <sup>th</sup> March 2020	Strategies for Managing Challenging Behaviour/ Positive Communication
29 <sup>th</sup> April 2020	Financial Support/ Advice (Input from Grampian Credit Union & CFINE SAFE Team)
27 <sup>th</sup> May 2020	Sleep Hygiene
24 <sup>th</sup> June 2020	Focus on Play/ Free or Affordable Ideas to Fill your Sumer Holidays (Input from Paul O' Connor – Inchgarth Community Centre)

Alice Digney (Barnardo's Northern Star Project Worker) is offering a range of informal drop in sessions for parents and carers. These sessions are designed to promote parental confidence by exploring a range of child centred themes. These sessions will also be an opportunity to meet other parents and share experiences ... with a cuppa and a fine piece. Please plan to come along, we look forward to meeting with you.

Please contact Mrs S. Webster or Miss A. Digney at Kaimhill School for further information (01224 498150).