

Wearing Jewellery during P.E.

All Council schools have been issued with the Aberdeen City Council policy about wearing jewellery and watches in PE. These items can potentially expose pupils and others to the risk of injury while taking part in Physical Education. Therefore, we need to follow the following guidelines –

- Jewellery including watches should be removed for Physical Education lessons as this then removes any hazards.
- Where an item of jewellery cannot be removed then it is the adult teaching the group's responsibility to establish a safe situation to enable them to take part. Where safe participation cannot be assured then the pupil cannot take part in that element of the lesson.
- Pupils are expected to remove their own jewellery or watches and if are unable to do this themselves then should not wear to school. Please note, the school will not be responsible for any loss of items.
- Hair should always be tied back for both boys and girls. We would also ask that you please ensure your child has non marking (no studs) shoes suitable for PE at all times. Please ensure they are labelled.