



Monday  
23<sup>rd</sup> March  
2020



Hello everyone,

I've put together this grid with some ideas for learning at home. Please don't feel you have to do everything - these are just suggestions. The most important thing is to listen to your child and find out what they're interested in. Then go with it! Be creative, think outside the box and most importantly...have fun!

I'd love to hear what you're up to so please email me with stories and pictures. I'll also try to help with any questions you may have. You can tag @kaimhillsch on Twitter.

Mrs Williams

## Health & Wellbeing

- I can take part in energetic activities in a range of ways
- I am beginning to see how being active affects my body
- I can begin to talk about how being active is good for my health

Find different ways of staying active in your home and/or garden. Talk about how your heart beats faster, you breathe quicker, your cheeks may go red etc. You could take your pulse. Talk about how being active keeps us healthy.



## Literacy

- I can listen and respond to books read aloud

If you run out of books, there are lots of apps where you can access thousands of books for free. I have used Epic! but please share if you find others. Talk about the illustrations, who the author is, discuss the characters, stop and predict what might happen next. Encourage your child to ask their own questions too.



## Numeracy

- Shape (6 benchmarks in your child's Learning Journey)

Go on a shape walk around your home and/or garden. Identify circles, squares, triangles and rectangles. You can learn about other shapes too of course! You could take pictures on a camera, phone or tablet. Investigate if these shapes stack or roll. Count how many sides or corners each shape has. Support your child to draw these shapes and cut them out. Create shape pictures.



## Expressive Arts

- I can choose and explore ways of moving rhythmically, expressively and playfully

Dance! Create your own or watch videos online. Listen to the beat and move in time in a variety of ways.

Put on a performance. Make posters to advertise it and tickets to sell. Create a stage and design a costume. There are so many opportunities to develop a wide range of skills here!



## Websites

### BBC

A range of resources for all ages

### The Muddy Puddle Teacher

Offering 1 month free access to resources for parents

### Top Marks

A free website with lots of literacy and numeracy activities

### Twinkl

Free taster packs for parents with a wide range of resources

### YouTube

- Cosmic Kids Yoga
- Just Dance Kids

## Daily Activities

- Read together
- Recognise and write name
- Nursery rhyme of the week
- Count forwards
- Count backwards
- Days of the week
- Months of the year
- Sing
- Draw
- Be active